# BEFORE THE BOARD OF REGISTERED NURSING DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:

MARIA CHARINA CALA

6019 Delsea Place San Jose, CA 95123

Registered Nurse License No. 555666

Respondent

Case No. 2011-729

# **DECISION AND ORDER**

The attached Stipulated Settlement and Disciplinary Order is hereby adopted by the Board of Registered Nursing, Department of Consumer Affairs, as its Decision in this matter.

This Decision shall become effective on July 22, 2011.

IT IS SO ORDERED June 23, 2011.

President

Board of Registered Nursing Department of Consumer Affairs

cannene K. Braver

State of California

1	KAMALA D. HARRIS	
2	Attorney General of California FRANK H. PACOE	
3.	Supervising Deputy Attorney General CHAR SACHSON	
4	Deputy Attorney General State Bar No. 161032	
5.	455 Golden Gate Avenue, Suite 11000 San Francisco, CA 94102-7004	
6	Telephone: (415) 703-5558 Facsimile: (415) 703-5480	
7	Attorneys for Complainant	
8	BEFORE THE	
9	BOARD OF REGISTERED NURSING DEPARTMENT OF CONSUMER AFFAIRS	
- [	STATE OF CALIFORNIA	
10		
11	In the Matter of the Accusation Against: Case No. 2011-729	
12	MARIA CHARINA CALA  6019 Delsea Place  STIPULATED SETTLEMENT AND DISCIPLINARY ORDER	
13	San Jose, CA 95123 Registered Nursing License No. 555666	
14	Respondent.	
15	Respondent	
16	In the interest of a prompt and speedy settlement of this matter, consistent with the publi	C,
17	interest and the responsibility of the Board of Registered Nursing of the Department of Consur	ner
18	Affairs, the parties hereby agree to the following Stipulated Settlement and Disciplinary Order	:-
19	which will be submitted to the Board for approval and adoption as the final disposition of the	
20	Accusation.	
21	PARTIES	
22	1. Louise R. Bailey, M.Ed., RN (Complainant) is the Executive Officer of the Board	of
23	Registered Nursing. She brought this action solely in her official capacity and is represented in	'n
24	this matter by Kamala D. Harris, Attorney General of the State of California, by Char Sachson	j
25	Deputy Attorney General.	
26	2. Respondent Maria Charina Cala (Respondent) is represented in this proceeding by	
27	attorney Edward A. Hinshaw, Esq., whose address is: 12901 Saratoga Avenue, Saratoga, CA	
28	95070-9988.	
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3. On or about June 10, 1999, the Board of Registered Nursing issued Registered Nursing License No. 555666 to Respondent. The Registered Nursing License was in full force and effect at all times relevant to the charges brought in Accusation No. 2011-729 and will expire on August 31, 2012, unless renewed.

#### JURISDICTION

4. Accusation No. 2011-729 was filed before the Board of Registered Nursing (Board),
Department of Consumer Affairs, and is currently pending against Respondent. The Accusation
and all other statutorily required documents were properly served on Respondent on February 24,
2011. Respondent timely filed her Notice of Defense contesting the Accusation. A copy of
Accusation No. 2011-729 is attached as exhibit A and incorporated herein by reference.

# ADVISEMENT AND WAIVERS

- 5. Respondent has carefully read, fully discussed with counsel, and understands the charges and allegations in Accusation No. 2011-729. Respondent has also carefully read, fully discussed with counsel, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 6. Respondent is fully aware of her legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to be represented by counsel at her own expense; the right to confront and cross-examine the witnesses against her; the right to present evidence and to testify on her own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 7. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

#### **CULPABILITY**

8. Respondent admits the truth of each and every charge and allegation in Accusation No. 2011-729.

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9. Respondent agrees that her Registered Nursing License is subject to discipline and she agrees to be bound by the Board of Registered Nursing (Board)'s probationary terms as set forth in the Disciplinary Order below.

## **CIRCUMSTANCES IN MITIGATION**

10. Respondent Maria Charina Cala has never been the subject of any disciplinary action. She is admitting responsibility at an early stage in the proceedings.

## CONTINGENCY

- 11. This stipulation shall be subject to approval by the Board of Registered Nursing. Respondent understands and agrees that counsel for Complainant and the staff of the Board of Registered Nursing may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent or her counsel. By signing the stipulation, Respondent understands and agrees that she may not withdraw her agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.
- The parties understand and agree that facsimile copies of this Stipulated Settlement and Disciplinary Order, including facsimile signatures thereto, shall have the same force and effect as the originals.
- This Stipulated Settlement and Disciplinary Order is intended by the parties to be an integrated writing representing the complete, final, and exclusive embodiment of their agreement. It supersedes any and all prior or contemporaneous agreements, understandings, discussions, negotiations, and commitments (written or oral). This Stipulated Settlement and Disciplinary Order may not be altered, amended, modified, supplemented, or otherwise changed except by a writing executed by an authorized representative of each of the parties.

14. In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or formal proceeding, issue and enter the following Disciplinary Order:

### DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Registered Nursing License No. 555666 issued to Respondent Maria Charina Cala is revoked. However, the revocation is stayed and Respondent is placed on probation for three (3) years on the following terms and conditions.

Severability Clause. Each condition of probation contained herein is a separate and distinct condition. If any condition of this Order, or any application thereof, is declared unenforceable in whole, in part, or to any extent, the remainder of this Order, and all other applications thereof, shall not be affected. Each condition of this Order shall separately be valid and enforceable to the fullest extent permitted by law.

- 1. Obey All Laws. Respondent shall obey all federal, state and local laws. A full and detailed account of any and all violations of law shall be reported by Respondent to the Board in writing within seventy-two (72) hours of occurrence. To permit monitoring of compliance with this condition, Respondent shall submit completed fingerprint forms and fingerprint fees within 45 days of the effective date of the decision, unless previously submitted as part of the licensure application process.
- 2. Comply with the Board's Probation Program. Respondent shall fully comply with the conditions of the Probation Program established by the Board and cooperate with representatives of the Board in its monitoring and investigation of the Respondent's compliance with the Board's Probation Program. Respondent shall inform the Board in writing within no more than 15 days of any address change and shall at all times maintain an active, current license status with the Board, including during any period of suspension.

Upon successful completion of probation, Respondent's license shall be fully restored.

- 3. Report in Person. Respondent, during the period of probation, shall appear in person at interviews/meetings as directed by the Board or its designated representatives.
  - 4. Residency, Practice, or Licensure Outside of State. Periods of residency

or practice as a registered nurse outside of California shall not apply toward a reduction of this probation time period. Respondent's probation is tolled, if and when she resides outside of California. Respondent must provide written notice to the Board within 15 days of any change of residency or practice outside the state, and within 30 days prior to re-establishing residency or returning to practice in this state.

Respondent shall provide a list of all states and territories where she has ever been licensed as a registered nurse, vocational nurse, or practical nurse. Respondent shall further provide information regarding the status of each license and any changes in such license status during the term of probation. Respondent shall inform the Board if she applies for or obtains a new nursing license during the term of probation.

5. Submit Written Reports. Respondent, during the period of probation, shall submit or cause to be submitted such written reports/declarations and verification of actions under penalty of perjury, as required by the Board. These reports/declarations shall contain statements relative to Respondent's compliance with all the conditions of the Board's Probation Program. Respondent shall immediately execute all release of information forms as may be required by the Board or its representatives.

Respondent shall provide a copy of this Decision to the nursing regulatory agency in every state and territory in which she has a registered nurse license.

6. Function as a Registered Nurse. Respondent, during the period of probation, shall engage in the practice of registered nursing in California for a minimum of 24 hours per week for 6 consecutive months or as determined by the Board.

For purposes of compliance with the section, "engage in the practice of registered nursing" may include, when approved by the Board, volunteer work as a registered nurse, or work in any non-direct patient care position that requires licensure as a registered nurse.

The Board may require that advanced practice nurses engage in advanced practice nursing for a minimum of 24 hours per week for 6 consecutive months or as determined by the Board.

If Respondent has not complied with this condition during the probationary term, and Respondent has presented sufficient documentation of her good faith efforts to comply with this

condition, and if no other conditions have been violated, the Board, in its discretion, may grant an extension of Respondent's probation period up to one year without further hearing in order to comply with this condition. During the one year extension, all original conditions of probation shall apply.

7. Employment Approval and Reporting Requirements. Respondent shall obtain prior approval from the Board before commencing or continuing any employment, paid or voluntary, as a registered nurse. Respondent shall cause to be submitted to the Board all performance evaluations and other employment related reports as a registered nurse upon request of the Board.

Respondent shall provide a copy of this Decision to her employer and immediate supervisors prior to commencement of any nursing or other health care related employment.

In addition to the above, Respondent shall notify the Board in writing within seventy-two (72) hours after she obtains any nursing or other health care related employment. Respondent shall notify the Board in writing within seventy-two (72) hours after she is terminated or separated, regardless of cause, from any nursing, or other health care related employment with a full explanation of the circumstances surrounding the termination or separation.

8. **Supervision.** Respondent shall obtain prior approval from the Board regarding Respondent's level of supervision and/or collaboration before commencing or continuing any employment as a registered nurse, or education and training that includes patient care.

Respondent shall practice only under the direct supervision of a registered nurse in good standing (no current discipline) with the Board of Registered Nursing, unless alternative methods of supervision and/or collaboration (e.g., with an advanced practice nurse or physician) are approved.

Respondent's level of supervision and/or collaboration may include, but is not limited to the following:

(a) Maximum - The individual providing supervision and/or collaboration is present in the patient care area or in any other work setting at all times.

- (b) Moderate The individual providing supervision and/or collaboration is in the patient care unit or in any other work setting at least half the hours Respondent works.
- (c) Minimum The individual providing supervision and/or collaboration has person-toperson communication with Respondent at least twice during each shift worked.
- (d) Home Health Care If Respondent is approved to work in the home health care setting, the individual providing supervision and/or collaboration shall have person-to-person communication with Respondent as required by the Board each work day. Respondent shall maintain telephone or other telecommunication contact with the individual providing supervision and/or collaboration as required by the Board during each work day. The individual providing supervision and/or collaboration shall conduct, as required by the Board, periodic, on-site visits to patients' homes visited by Respondent with or without Respondent present.
- 9. Employment Limitations. Respondent shall not work for a nurse's registry, in any private duty position as a registered nurse, a temporary nurse placement agency, a traveling nurse, or for an in-house nursing pool.

Respondent shall not work for a licensed home health agency as a visiting nurse unless the registered nursing supervision and other protections for home visits have been approved by the Board. Respondent shall not work in any other registered nursing occupation where home visits are required.

Respondent shall not work in any health care setting as a supervisor of registered nurses.

The Board may additionally restrict Respondent from supervising licensed vocational nurses and/or unlicensed assistive personnel on a case-by-case basis.

Respondent shall not work as a faculty member in an approved school of nursing or as an instructor in a Board approved continuing education program.

Respondent shall work only on a regularly assigned, identified and predetermined worksite(s) and shall not work in a float capacity.

If Respondent is working or intends to work in excess of 40 hours per week, the Board may request documentation to determine whether there should be restrictions on the hours of work.

10. Complete a Nursing Course(s). Respondent, at her own expense, shall

enroll and successfully complete a course(s) relevant to the practice of registered nursing no later than six months prior to the end of her probationary term.

Respondent shall obtain prior approval from the Board before enrolling in the course(s).

Respondent shall submit to the Board the original transcripts or certificates of completion for the above required course(s). The Board shall return the original documents to Respondent after photocopying them for its records.

11. Cost Recovery. Respondent shall pay to the Board costs associated with its investigation and enforcement pursuant to Business and Professions Code section 125.3 in the amount of \$9,889.00 (nine thousand, eight hundred and eighty-nine dollars). Respondent shall be permitted to pay these costs in a payment plan approved by the Board, with payments to be completed no later than three months prior to the end of the probation term.

If Respondent has not complied with this condition during the probationary term, and Respondent has presented sufficient documentation of her good faith efforts to comply with this condition, and if no other conditions have been violated, the Board, in its discretion, may grant an extension of Respondent's probation period up to one year without further hearing in order to comply with this condition. During the one year extension, all original conditions of probation will apply.

12. Violation of Probation. If Respondent violates the conditions of her probation, the Board after giving Respondent notice and an opportunity to be heard, may set aside the stay order and impose the stayed discipline (revocation/suspension) of Respondent's license.

If during the period of probation, an accusation or petition to revoke probation has been filed against Respondent's license or the Attorney General's Office has been requested to prepare an accusation or petition to revoke probation against Respondent's license, the probationary period shall automatically be extended and shall not expire until the accusation or petition has been acted upon by the Board.

13. License Surrender. During Respondent's term of probation, if she ceases practicing due to retirement, health reasons or is otherwise unable to satisfy the conditions of probation, Respondent may surrender her license to the Board. The Board reserves the right to

evaluate Respondent's request and to exercise its discretion whether to grant the request, or to take any other action deemed appropriate and reasonable under the circumstances, without further hearing. Upon formal acceptance of the tendered license and wall certificate, Respondent will no longer be subject to the conditions of probation.

Surrender of Respondent's license shall be considered a disciplinary action and shall become a part of Respondent's license history with the Board. A registered nurse whose license has been surrendered may petition the Board for reinstatement no sooner than the following minimum periods from the effective date of the disciplinary decision:

- (1) Two years for reinstatement of a license that was surrendered for any reason other than a mental or physical illness; or
  - (2) One year for a license surrendered for a mental or physical illness.
- 14. Therapy or Counseling Program. Respondent, at her expense, shall participate in an on-going counseling program until such time as the Board releases her from this requirement and only upon the recommendation of the counselor. Written progress reports from the counselor will be required at various intervals.

### ACCEPTANCE

I have carefully read the above Stipulated Settlement and Disciplinary Order and have fully discussed it with my attorney, Edward A. Hinshaw, Esq. I understand the stipulation and the effect it will have on my Registered Nursing License. I enter into this Stipulated Settlement and Disciplinary Order voluntarily, knowingly, and intelligently, and agree to be bound by the Decision and Order of the Board of Registered Nursing.

DATED: 4-25-2011 MARIA CHARINA CALA

MARIA CHARINA CALA Respondent

I have read and fully discussed with Respondent Maria Charina Cala the terms and

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1	conditions and other matters contained in the above Stipulated Settlement and Disciplinary Order.
2	I approve its form and content.
3	DATED: 4-25-11
4	Edward A. Hinshaw, Esq. Attorney for Respondent
5	· · · · · · · · · · · · · · · · · · ·
6	<u>ENDORSEMENT</u>
7	The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully
8	submitted for consideration by the Board of Registered Nursing of the Department of Consumer
9	Affairs.
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11.	Dated: April 18, 2011 Respectfully submitted,
12	KAMALA D. HARRIS Attorney General of California
13	FRANK H. PACOE Supervising Deputy Attorney General
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16	CHAR SACHSON V Deputy Attorney General
17	Attorneys for Complainant
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Exhibit A

Accusation No. 2011-729

1	KAMALA D. HARRIS
2	Attorney General of California FRANK H. PACOE
3	Supervising Deputy Attorney General CHAR SACHSON
4	Deputy Attorney General State Bar No. 161032
5:	455 Golden Gate Avenue, Suite 11000 San Francisco, CA 94102-7004
6	Telephone: (415) 703-5558  Facsimile: (415) 703-5480
7	Attorneys for Complainant
8	BEFORE THE  BOARD OF REGISTERED NURSING  DEPARTMENTS OF CONSTRUCT ATERA IDS
9	DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA
10	
11	In the Matter of the Accusation Against: Case No. 2011-729
12	MARIA CHARINA CALA  6010 Delsos Place
13	6019 Delsea Place San Jose, CA 95123
14	Registered Nursing License No. 555666
15	Respondent.
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17	Complainant alleges:
18	PARTIES
19	1. Louise R. Bailey, M.Ed., RN (Complainant) brings this Accusation solely in her
20	official capacity as the Executive Officer of the Board of Registered Nursing, Department of
21	Consumer Affairs.
22	. 2. On or about June 10, 1999, the Board of Registered Nursing issued Registered
23	Nursing License Number 555666 to Maria Charina Cala (Respondent). The Registered Nursing
24	License was in full force and effect at all times relevant to the charges brought herein and will
·25	expire on August 31, 2012, unless renewed.
26	JURISDICTION
27	3. This Accusation is brought before the Board of Registered Nursing (Board),
28	Department of Consumer Affairs, under the authority of the following laws. All section
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references are to the Business and Professions Code unless otherwise indicated.

- 4. Section 2750 of the Business and Professions Code ("Code") provides, in pertinent part, that the Board may discipline any licensee, including a licensee holding a temporary or an inactive license, for any reason provided in Article 3 (commencing with section 2750) of the Nursing Practice Act.
  - 5. Section 2761 of the Code states:

"The board may take disciplinary action against a certified or licensed nurse or deny an application for a certificate or license for any of the following:

- "(a) Unprofessional conduct, which includes, but is not limited to, the following:
- "(1) Incompetence, or gross negligence in carrying out usual certified or licensed nursing functions.

6. Section 2762 of the Code states:

"In addition to other acts constituting unprofessional conduct within the meaning of this chapter [the Nursing Practice Act], it is unprofessional conduct for a person licensed under this chapter to do any of the following:

- "(e) Falsify, or make grossly incorrect, grossly inconsistent, or unintelligible entries in any hospital, patient, or other record pertaining to the substances described in subdivision (a) of this section."
  - 7. Section 2725 of the Code states:
- "(a) In amending this section at the 1973-74 session, the Legislature recognizes that nursing is a dynamic field, the practice of which is continually evolving to include more sophisticated patient care activities. It is the intent of the Legislature in amending this section at the 1973-74 session to provide clear legal authority for functions and procedures that have common acceptance and usage. It is the legislative intent also to recognize the existence of overlapping functions between physicians and registered nurses and to permit additional sharing of functions within organized health care systems that provide for collaboration between

 physicians and registered nurses. These organized health care systems include, but are not limited to, health facilities licensed pursuant to Chapter 2 (commencing with Section 1250) of Division 2 of the Health and Safety Code, clinics, home health agencies, physicians' offices, and public or community health services.

- "(b) The practice of nursing within the meaning of this chapter [the Nursing Practice Act] means those functions, including basic health care, that help people cope with difficulties in daily living that are associated with their actual or potential health or illness problems or the treatment thereof, and that require a substantial amount of scientific knowledge or technical skill, including all of the following:
- (1) Direct and indirect patient care services that ensure the safety, comfort, personal hygiene, and protection of patients; and the performance of disease prevention and restorative measures.
- (2) Direct and indirect patient care services, including, but not limited to, the administration of medications and therapeutic agents, necessary to implement a treatment, disease prevention, or rehabilitative regimen ordered by and within the scope of licensure of a physician, dentist, podiatrist, or clinical psychologist, as defined by Section 1316.5 of the Health and Safety Code.
- 8. Section 2764 of the Code provides, in pertinent part, that the expiration of a license shall not deprive the Board of jurisdiction to proceed with a disciplinary proceeding against the licensee or to render a decision imposing discipline on the license.
- 9. Section 125.3 of the Code provides, in pertinent part, that the Board may request the administrative law judge to direct a licentiate found to have committed a violation or violations of the licensing act to pay a sum not to exceed the reasonable costs of the investigation and enforcement of the case.

#### **DRUGS**

- 10. Epinephrine is a dangerous drug per Business and Professions Code section 4022. It increases heart rate, contracts blood vessels and dilates air passages.
- 11. Neo-Synephrine is a dangerous drug per Business and Professions Code section 4022. It is used in the treatment of hypotension, vascular failure in shock, as a vasoconstrictor in regional analgesia and supraventricular tachycardia.
- 12. Vasopressin is a dangerous drug per Business and Professions Code section 4022. It is an anti-diuretic and increases arterial blood pressure. It is used in the treatment of central diabetes insipidus, and helps to control frequent urination, excessive thirst and dehydration associated with diabetes.

### FACTUAL BACKGROUND

- 13. 79 year-old "Patient 1" was admitted to O'Connor Hospital in San Jose, California, on May 21, 2009 with a diagnosis of severe tricuspid regurgitation (leakage of blood back through the tricuspid valve of the heart) and right-sided congestive heart failure. Patient 1 also suffered from atrial fibrillation, bradycardia-tachycardia syndrome with a pacemaker, diabetes, renal failure with dialysis, and coronary artery disease.
- 14. Patient 1 was taken to surgery at O'Connor Hospital on May 21, 2009 at 7:00 a.m. for a tricuspid valve repair and coronary bypass surgery. After surgery, she was admitted to the Intensive Care Unit ("ICU") at 3:30 p.m. While in the ICU, she had excessive bleeding. She was taken back to the operating room for exploratory surgery. Patient 1 returned to the ICU at 9:30 p.m. and Respondent assumed her care.
  - 15. Orders for Patient 1 included:
- a. Epinephrine 4 mg/250 ml (4 milligrams per 250 milliliters) in 0.9% sodium chloride starting at 0.01 mcg/kg/min (0.01 micrograms per kilogram per minute), to maintain cardiac index ("CI") over 2, and systolic blood pressure over 90, with a maximum dosage of 0.1 mcg/kg/min.

- b. Vasopressin 100 units in 250 ml of 0.9% sodium chloride starting at 0.01 unit/min to keep SVR (systemic vascular resistance) greater than 1200 or systolic blood pressure greater than 100. The physician's order stated that as much as .04 unit/min could be administered.
- c. Neo-Synephrine 20 mg in 250 ml of 0.9% sodium chloride starting at 20 mcg/min. Orders were to initiate Neo-Synephrine if the CI was over 3 to maintain systolic blood pressure greater than 90, with a maximum of 60 mcg/min.
- 16. From 9:30 p.m. until 10:45 p.m., Respondent administered 0.2 mcg/kg/min of epinephrine to Patient 1, twice the maximum permitted by the physician's order. From 10:45 p.m. to 4:15 a.m., Respondent administered 0.1 mcg/kg/min of epinephrine.
- 17. At 4:25 a.m. on May 22, 2009, Respondent again increased the epinephrine to 0.2 mcg/kg/min. At 5:15 a.m., Respondent increased the epinephrine to 0.4 mcg/kg/min. At 5:43 a.m., Respondent increased the epinephrine to 0.6 mcg/kg/min. There was no physician's order to exceed the maximum dosage of 0.1 mcg/kg/min.
- 18. Respondent increased the dosage of Neo-Synephrine from 0.6 mcg/kg/min to 0.8 mcg/kg/min from 5:35 a.m. until 7:00 a.m. when she ended her shift (the maximum permitted dosage was 0.7 mcg/kg/min).
- 19. At 6:40 a.m. on May 22, 2009, Respondent started Patient 1 on Vasopressin at 0.02 units/min. At 6:50 a.m., Respondent increased the dosage to 0.1 units/min. There was no physician's order to exceed the maximum dosage of 0.04 units/min.
- 20. Between 2:00 a.m. and 6:40 a.m. on May 22, 2009, Patient 1's systolic blood pressures were consistently below 100. Respondent failed to start Vasopressin during that time. Finally, at 6:40 a.m. Respondent was directed to do so by the physician. The physician's order was that Vasopressin be utilized to keep systolic blood pressure greater than 100.
- 21. At some point during Respondent's shift, Respondent asked the night pharmacist to prepare a bag of Epinephrine 8 mg/250 ml (double the concentration ordered by the physician). When the Epinephrine arrived on the unit at approximately 6:00 a.m., Respondent asked the resource RN on shift to add an additional 8 mg of Epinephrine to the bag so the bag would contain 16 mg/250 (four times the concentration ordered by the physician). Patient 1 was